

PSHE – Medium Term Planning – Autumn 2

Relationships Education			
Weeks Beginning: 30.10.23 and 06.11.23 Events: 02.11.23 fireworks and dress up 10.11.23 – Remembrance Day 13.11.23 – World Kindness Day	Week 1	Week 2	Vocabulary / Resources World Kindness Day Book Suggestions Somebody loves you Mr Hatch By Hector Elezondo The invisible Tom Percival
Reception	Who loves me? <i>(PoS R2)</i>	How do people show that they care about me? <i>(PoS R2)</i>	Vocab: kind, helpful, happy, friend, family, mum, dad, brother, sister, grandparents, love Love is...by Heidi Pross Gray https://www.youtube.com/watch?v=IFm8ADrLKNE
Year 1	What is a family? <i>(PoS R3)</i>	What are the common features of family life? <i>(PoS R4)</i>	Vocab: family, relative, mum, dad, parents, grandparents, auntie, uncle, cousin, love Love makes a family by Sophie Beer
Year 2	Who is in my life and what is their role? <i>(PoS R1)</i>	What can I do if I'm worried about my family? <i>(PoS R5)</i>	Vocab: acquaintance, friend, relative, support, (Y1 and EYFS vocab) My friends and me, a celebration of different kinds of family by Stephanie Stansbie
Year 3	What are the different types of relationships? <i>(PoS R1)</i>	What is marriage and civil partnership? <i>(PoS R3, R4)</i>	Vocab: wedding, love, marriage, civil partnership, relationship, romantic, Note: Also discuss how forced marriage is a crime Julian at the wedding Jessica Love
Year 4	What different family structures can there be and what do they have in common? <i>(PoS R5, R7)</i>	How do families show that they care for one another? <i>(PoS R6)</i>	Vocab: family, support, respect, relationship, connected, safe, appreciation A family is a family is a family Sara O'Leary
Year 5	What are the shared characteristics of healthy family life? <i>(PoS R8)</i>	What can be done if family relationships cause unhappiness or unsafe feelings? <i>(PoS R9)</i>	Vocab: commitment, care, secrets, unhappiness, disputes, reconcile, conflict, The great big book of families By Mary Hoffman Some secrets should never be kept by Jayneen Sanders (intended to give 3-12 yr olds skills to deal with inappropriate touch. For more information go to www.somesecrets.info)
Year 6	What is gender identity? <i>(PoS R2)</i>	What is the difference between gender identity and sexual orientation? <i>(PoS R2)</i>	Vocab: Gender, identity, boy, girl, transgender, gender fluid, approval, gender identity, sexual orientation, peer influence Who are you? The kids guide to gender identity by Brook Pessin-Whedbee My Shadow is Pink by Scott Stuart

Relationships Education

Weeks Beginning: 13.11.23 and 20.11.23 Events: Week 1: Anti bullying week (+ odd sock day) and Transgender Awareness Week (13.11.23- 17.11.23) 17.11.23 - Children in need day	Week 1 Anti bullying week KS1 and KS2 Assemblies	Week 2	Vocabulary / Resources Anti-bullying Day Book Suggestions Troll stinks Jeanne Willis & Tony Ross Is it because by Tony Ross
Reception	Can words hurt? <i>(PoS R10)</i>	What makes a good friend? <i>(PoS R6)</i>	Vocab: care, love, friend, gentle, kind, respect A sick day for Amos McGee by Phillip C Stead
Year 1	What should you do if you or someone else is lonely? <i>(PoS R7)</i>	How might someone feel if they are treated badly? <i>(PoS R11)</i>	Vocab: lonely, hurt, friendship, support, encourage, respect, feelings, sharing Elephant and Piggie My friend is sad
Year 2	How can we handle arguments with friends? <i>(PoS R8, R9)</i>	What is hurtful behaviour and how can we deal with it? <i>(PoS R12)</i>	Vocab: encourage, respect, resolve, differences, consequences Molly and Mae a friendship journey by Danny Parker
Year 3	Why are friendships important? <i>(PoS R10)</i>	What makes a positive, healthy friendship? <i>(PoS R11)</i>	Vocab: welcome, valued, support, respect, connected, cooperation, On Sudden Hill by Linda Sarah and Benji Davies
Year 4	What is 'peer influence'? <i>(PoS R15)</i>	What is loneliness and how can it be prevented and supported? <i>(PoS R13, R14)</i>	Vocab: peer, influence, kindness, support, loneliness, prevent, encourage Once upon a dragons fire by Beartrice Blue
Year 5	What strategies help to resolve disputes and reconcile differences positively and safely? <i>(PoS R17)</i>	How do friendships change over time and what benefits does this have? <i>(PoS R16)</i>	Vocab: conflict, difference, respect, confrontation, growth, choice, Insults aren't funny by Amanda Doering
Year 6	How can we manage and recognise 'peer influence' offline/online? <i>(PoS R15)</i>	What is an unsafe or uncomfortable friendship and how can this be managed? <i>(PoS R18)</i>	Vocab: peers, influence, impact, challenge, responsibility, pressure, judgement Cloud Busting by Malorie Blackman

Living in the Wider World Education

Weeks Beginning: 27.11.23 and 04.12.23 Events: Week 1 - National Tree Week (25 Nov -3 Dec)	Week 1	Week 2	Vocabulary / Resources
Reception	What are my strengths? <i>(PoS L14)</i>	What are our class strengths? <i>(PoS L14)</i>	Vocab: marvellous, strengths, Marvellous me inside and out Lisa Bullard
Year 1	What are my responsibilities? <i>(PoS L2)</i>	What are my rights? <i>(PoS L2)</i>	Vocab: rights, respected, protected, express myself I have the right to be a child by Alain Serres https://www.youtube.com/watch?v=ERKhP7bQ6Os
Year 2	How am I similar to others and how am I different? <i>(PoS L6)</i>	What are my human rights? <i>(PoS L2)</i>	Vocab: rights, respected, protected, express myself I have the right to be a child by Alain Serres https://www.youtube.com/watch?v=ERKhP7bQ6Os
Year 3	What are my positive traits and achievements? <i>(PoS L25)</i>	What can I do to help me achieve my goals? <i>(PoS L25)</i>	Vocab: positive traits, achievements, goals Kindness is my superpower by Alicia Ortego
Year 4	What are stereotypes and how can they negatively influence behaviour? <i>(PoS L9, L27)</i>	How can stereotypes be challenged? <i>(PoS L9)</i>	Vocab: stereotypes, gender, influence, peer pressure Pink is for boys by Robb Pearlman
Year 5	What are the consequences of not obeying rules or laws? <i>(PoS L1)</i>	What are my human rights and why are they important? <i>(PoS L2)</i>	Vocab: life, protection, freedom, safety, fairness, justice, family, belief, thought, togetherness, love, solidarity, ownership, knowledge, hope and mercy. My little book of big freedoms by Amnesty international
Year 6	What responsibilities do you think all people should share? <i>(PoS L4)</i>	What is the relationship between rights and responsibilities? <i>(PoS L3)</i>	Vocab: life, protection, freedom, safety, fairness, justice, family, belief, thought, togetherness, love, solidarity, ownership, knowledge, hope and mercy. My little book of big freedoms by Amnesty international

Health and Well-being Education

Weeks Beginning: 11.12.23 Events: 10.12.23 Human Rights Day (10 Dec) 4.12.23 – 7.12.23 Xmas performances and disco (related to living in the community and local culture)	Week 1		Vocabulary / Resources
Reception	What should I do if someone is hurt? <i>(PoS H35)</i>		Vocab: hurt, help, first aid Note: WK 2 to include basic first aid and calling emergency services Zog and the flying doctors By Julia Donaldson
Year 1	How can I stay safe in different environments? <i>(PoS H32)</i>		Vocab: careful, safe, hazard, Note: WK2 Different environments – e.g. beach, cinema, park. Could also bring in road safety. Toad on the Road by Stephen Shaskan
Year 2	Why are age restrictions important? <i>(PoS H28)</i>		Vocab: safety, danger, risk, age restrictions, protect Penguinpig and monkeycow Stuart Spendlow
Year 3	How do you wash your hands correctly and why is it important? <i>(PoS H40)</i>		Vocab: germs, healthy, clean, hygienic, sanitise Now wash your hands by Matt Carr
Year 4	What do I know about fire safety and protecting myself from fire risks at home? <i>(PoS H39)</i>		Vocab: risk, danger, fire safety, road safety, Note: Different situations e.g. with friends, road safety Resources – would you risk it cards in planning resources folder. Stop drop and roll by Margery Cuyler
Year 5	What is first aid and why is it important? <i>(PoS H43)</i>		Vocab: first aid, burn, sprain, emergency, graze, bandage Note – could include some basic first aid techniques The children's book of first aid skills Sophie Giles
Year 6	How can I keep personal information private and stay safe online? <i>(PoS H42)</i>		Vocab: online safety, password, fraud, privacy settings Staying Safe Online by Louie Stowell

